



Contra Costa Health Services YOR Project

Kristina Kutter - July 28, 2020 Learning Collaborative

Project Goal: to expand access to prevention, screening, intervention and treatment for OUD to youth and young adults ages 13 to 24 years in West and East Contra Costa.



Project Activities



- **Targeted outreach** to at-risk youth in high schools and at homeless shelters
- **Capacity Building:** knowledge and skills-based staff trainings; DEA X waiver provider training
- **Screening** in school-based clinics and homeless shelter clinics
- **Behavioral health and MAT treatment services** in school-based & homeless clinics
- Provide **behavioral health support** to youth during COVID19 response

Progress as of May 2020

Targeted Outreach

Outreach to 25 youth

Narcan distribution to 10 youth

Capacity Building

15 new X waived providers

Staff trainings on screening tools, Narcan, Motivational Interviewing

SBIRT Services

Screened almost 700 youth. 1 youth w/ OUD referred to MAT

BH counseling to 12 middle/high school youth



Moving Forward



- Currently no school-based and homeless clinics due to COVID, but health system's outpatient MAT clinic is still operating
- Focusing on using existing mental health clinicians to provide telehealth behavioral health services to at-risk middle/high school age youth and homeless transition age youth
- Will resume screening, intervention and treatment services in school-based clinics and homeless clinics when able.