

Youth Resiliency Project

- ▶ **Granite Wellness Center's Youth Resiliency Project offers welcoming prevention, early intervention, treatment, and wellness services for young people ages 12-24 in rural Nevada and Placer Counties to address opiate and stimulant use disorders.**
- ▶ *Granite Wellness Centers engages diverse partners to create a robust system of care that specifically meets the needs of rural young people and their families*



TRYING TO CHANGE THE WAY YOU FEEL?

If you or someone you know is struggling with addiction, we are here to help. Call or text today.

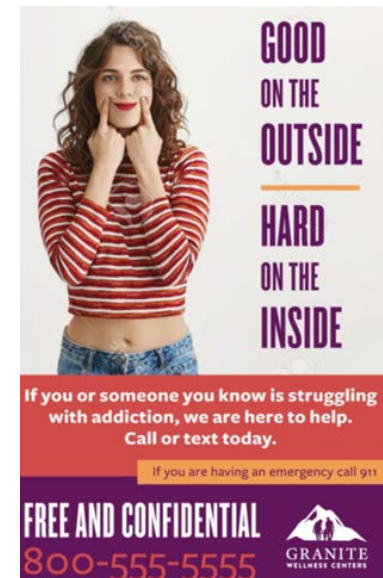
If you are having an emergency call 911

FREE AND CONFIDENTIAL
800-555-5555

 GRANITE WELLNESS CENTERS



GRANITE
WELLNESS CENTERS




GOOD ON THE OUTSIDE

HARD ON THE INSIDE

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Youth Resiliency Project

The Youth Resiliency Project engages, screens, assesses, treats, and promotes wellness and recovery for adolescents and young adults ages 12-24.

- YRP seeks to **connect** with young adults where they are, at schools and in the community, offer health screening for substance use disorder, provide brief intervention, and link young people to GWC for early intervention services.
- YRP offers creative **youth-welcoming substance use treatment services**, providing a full assessment with the youth, including identifying opioid use disorders (OUD) and stimulant use disorders (StUD). Peer mentors provide ongoing support and advocacy to help young people meet their health and life goals.
- **Peer Mentors** provide support throughout, helping youth access treatment in the ways best for them, including telehealth, texting, and social media.

Services

▶ Prevention and Engagement

- ▶ Outreach and education at schools, youth-serving organizations, skate parks, and other community sites
- ▶ E-Health app (youth developed, healthcare informed)
- ▶ Outreach and events—print and social media; materials and resources developed/distributed

▶ Intervention and Support

- ▶ School-based services with opioid and stimulant specific curricula
- ▶ Screening and Assessment, Peer Support, Navigation, Case Management

▶ Treatment—Substance Use Treatment, Mental Health, MAT

- ▶ Medication Assisted Treatment
- ▶ Adolescent outpatient and young adult groups
- ▶ Youth Walk-In Clinic
- ▶ Residential Treatment (ages 18-24)

OPIOID USE DISORDERS

Prevention, Intervention,
and Treatment



YOUNG ADULT WELLNESS

The human brain is developing until about age 25. If a person starts using drugs early in life, it can cause changes to the brain's structure and function. In the United States, 90% of people with a substance use disorder begin use under age 18. Fortunately, the brain can recover if a person stops using opioids. Granite Wellness Centers sees opiate use disorder as a treatable illness, and we are here to help. Treatment, including medication assisted treatment, is available for young people ages 16 and older.

